

GOVERNMENT OF INDIA  
MINISTRY OF HOME AFFAIRS  
DIRECTORATE GENERAL, SASHASTRA SEEMA BAL  
EAST BLOCK-V, R.K. PURAM, NEW DELHI-110066

**File No.341/RC/SSB/CT(GD)SQ/2018**

Online applications are invited from Indian citizens (Male & Female) for filling up 150 vacancies for Non-Gazetted (Combatised) & Non-Ministerial posts of Constable (General Duty) in Group-“C” under Sports Quota in Sashastra Seema Bal, Government Of India, Ministry of Home Affairs. The post is temporary, but likely to be continued. Selected candidates are liable to serve anywhere in India or outside the territory of India. On appointment, the candidates shall be governed by SSB Act & Rules and other Rules applicable from time to time.

**2. The discipline wise detail of 150 vacancies is as under:-**

S/ No.	Name of game	Category	Cat. wise vacancies for male & female		Total Number of vacancies
			Male	Female	
1.	Football	Goal Keeper	01	00	1
		Forward	02	02	4
2.	Basketball	Feeder	01	02	3
		Pivot	03	04	7
		Forward	01	04	5
3.	Hockey	Defender	01	00	1
		Forward	02	03	5
		Goal Keeper	00	01	1
4.	Shooting (Sports)	Rifle	02	02	4
		Pistol	03	02	5
5.	Archery	Recurve	01	01	2
		Compound	00	01	1
		Indian	00	02	2
6.	Athletics	200 mtrs.	00	01	1
		400 mtrs.	01	00	1
		800 mtrs.	01	00	1
		1500 mtrs.	02	01	3
		10000 mtrs.	01	00	1
		20 Km walk	02	00	2
		3 Kms. Steeple Chase	02	00	2
		Marathon	01	00	1
		Long Jump	01	01	2
		High Jump	02	01	3
		Triple jump	00	01	1
		Pole Vault	00	01	1
		Discuss	02	01	3
		Shot Put	02	01	3
		Hammer	00	01	1
		Javelin	02	01	3
		Decathlon	01	00	1
7.	Gymnastics	All Rounder	02	00	2
		Artistic	00	05	5

13.02.19

8.	Wrestling	Free Style 50 Kg	00	01	1
		Free Style 53 Kg.	00	01	1
		Free Style 55 Kg.	00	01	1
		Free Style 57 Kg.	00	01	1
		Free Style 59 Kg.	00	01	1
		Free Style 62 Kg.	00	01	1
		Free Style 65 Kg.	01	01	2
		Free Style 68 Kg.	00	01	1
		Free Style 70 Kg.	01	00	1
		Free Style 72 Kg.	00	01	1
		Free Style 74 Kg	01	00	1
		Free Style 76 Kg.	00	01	1
		Free Style 79 Kg	01	00	1
		Free Style 86 Kg	01	00	1
		Greco Roman 63 Kg.	01	00	1
		Greco Roman 77 Kg.	01	00	1
		Greco Roman 82 Kg.	01	00	1
		Greco Roman 87 Kg.	01	00	1
		Greco Roman 97 Kg.	01	00	1
		Greco Roman 130 Kg.	01	00	1
9.	Boxing	52-56 Kg.	01	00	1
		56-60 Kg.	01	00	1
		60-64 Kg.	01	00	1
		69-75 Kg.	01	00	1
		75-81 Kg.	01	00	1
10.	Judo	60 Kg.	01	00	1
		70 Kg.	00	02	2
		78 Kg.	00	01	1
		+78 Kg.	00	02	2
		90 Kg.	02	00	2
		100 Kg.	01	00	1
		+100 Kg.	01	00	1
11.	Weight Lifting	55 Kg.	01	00	1
		62 Kg.	00	02	2
		73 Kg.	01	00	1
		105 Kg.	00	02	2
12.	Body Building	Body Building	02	00	2
13.	Cycling	Field	00	02	2
		Track	00	01	1
14.	Equestrian	All Rounder	03	00	3
15.	Badminton	Badminton	02	02	4
16.	Taekwondo (Kyurugi)	Under 57 Kg.	00	01	1
		Under 62 Kg.	00	01	1
		Under 67 Kg.	00	01	1
		Under 73 Kg.	00	01	1
		Under 74 Kg.	01	00	1
		Under 80 Kg.	01	00	1
		Under 87 Kg.	01	00	1
		Over 87 Kg.	01	00	1

1  
13.07.19

17.	Swimming (Aquatics)	50 mtr & 100 mtr, free style	02	00	2
		200 mtr & 400 mtr, free style	02	00	2
		800 mtr & 1500 mtr, free style	02	00	2
		50 mtr, 100 mtr & 200 mtr., Back Stroke	02	00	2
		50 mtr, 100 mtr. & 200 mtr, Butterfly	02	00	2

**Note:-** (i) DG, SSB reserves the right to cancel or postpone the recruitment of above said post at any stage without assigning any reason.

(ii) DG, SSB reserves the right to increase/ decrease, fill or not to fill the vacancies for the above mentioned post, without assigning any reason.

(iii) Applications received through any other mode except **ONLINE MODE** will be rejected straightway. No correspondence in this regard will be entertained by SSB at later stage.

(iv). If vacancies of any event could not be filled up in any category/ event during the recruitment, the unfilled vacancies will be diverted to another category/ event as per administrative requirement.

3. **PAY SCALE AND OTHER ALLOWANCES:-** The post will carry Pay Matrix Rs.21700-69100/- as per 7<sup>th</sup> CPC and other allowances as admissible in the Force from time to time under the rules/ instructions. The selected candidates for the post of CT(GD) under Sports Quota will be governed under Defined Contribution Pension Scheme (New Pension System).

4. **ELIGIBILITY CONDITIONS FOR THE POST IS AS UNDER:-**

Name of post	Age	Essential Educational Qualification	Sports Qualification
(i)	(ii)	(iii)	(iv)
CT(GD) against sports quota	18 to 23 years (Relaxation in age mentioned at Para-No.5)	Matriculation or its equivalent from a recognized board/ institute	Players who have participated in any recognized International events representing the country since 01.01.2017 Or Players participated in last Olympic Games, World Cups and Asian Games Or Players who have won Medal in recognized National Level sports tournament since 01.01.2017 to last date of receipt of application i.e. 30 days from the publication of this advertisement in Employment News.

a) The closing date for receipt of applications will be 30 days from the date of publication of this advertisement in Employment News except for the Remote Areas. The last date for receipt of applications for **Remote Areas** (i.e. Assam, Meghalaya, Arunachal Pradesh, Mizoram, Manipur, Nagaland, Tripura, Sikkim, Ladakh Division of Jammu and Kashmir State, Lahaul Spiti District and Pangi Sub-Division of Chamba District of Himachal Pradesh, Union Territory of Andaman & Nicobar Islands and Union territory of Lakshadweep) will be 37 days from the date of publication of this advertisement in Employment News, but it will not affect the cut off date for determining the eligibility criteria i.e. 30 days from the date of publication of this advertisement in Employment News.

13.07.19

- b) D.O.B. and name as recorded in Matriculation certificate will be accepted for determining the age and name. No subsequent request for its change will be considered.
- c) The candidate must fulfill all eligibility criteria and must be in possession of all educational/ professional/ sports achievements and other certificates required for the post, issued by concerned authority till last date of receipt of applications i.e. 30 days from the publication of this advertisement in Employment News.
- d) Candidate appearing in the examination/ awaiting result and not in possession of education/ sports certificates till last date of receipt of applications (i.e. 30 days from the publication of this advertisement in Employment News) will not be eligible to apply for the post.
- e) DG, SSB reserves the right to extend the date of receipt of applications, without assigning any reason. If the date for receipt of application will be extended, information in this regard will be uploaded on SSB Recruitment website [www.ssbrectt.gov.in](http://www.ssbrectt.gov.in).
- f) All educational certificates and sports certificates other than Central Board/State Board should be accompanied with Government notifications declaring the equivalence of such qualification for service under Central Government.

5. **UPPER AGE RELAXATION** (i) Age relaxation given to candidates of various categories is as under:-

S No.	Category	Age Relaxation permissible beyond the upper age limit
1.	Un-reserved	05 years
2.	SC/ST	5+5 = 10 years
3.	OBC	5+3 = 08 years
4.	Ex-Servicemen (UR)	5+3=8 years after deduction of the military service rendered from the actual age.
5.	Ex-Servicemen (OBC)	11 years (8 years + 3 years) after deduction of the military service rendered from the actual age.
6.	Ex-Servicemen (SC/ST)	13 years (8 years + 5 years) after deduction of the military service rendered from the actual age.
7.	Candidate who had ordinarily been domiciled in the State of Jammu & Kashmir during the period from 1 <sup>st</sup> January 1980 to 31 <sup>st</sup> December 1989. (UR)	5+5=10 years
8.	Candidates who had ordinarily been domiciled in the State of J & K during the period from 1 <sup>st</sup> January 1980 to 31 <sup>st</sup> December 1989. (OBC).	8+5=13 years
9.	Candidates who had ordinarily been domiciled in the State of J & K during the period from 1 <sup>st</sup> January 1980 to 31 <sup>st</sup> December 1989 (SC/ST).	10+5=15 years
10.	*Children and dependent of victims killed in the 1984 riots OR communal riots of 2002 in Gujarat (UR)	5+5=10 years
11.	*Children and dependent of victims killed in the 1984 riots OR communal riots of 2002 in Gujarat (OBC)	8+5=13 years
12.	*Children and dependent of victims killed in the 1984 riots OR communal riots of 2002 in Gujarat (ST/ SC)	10 + 5=15 years

**\*Children mean (a) Son (including adopted son): or (b) Daughter (including adopted daughter) Dependent family members mean: (a) Spouse; or (b) Children; or Brother or Sister** in the case of unmarried Govt. servant who were wholly dependent on the Govt. servant at the time of his killing in the riot. The candidate will have to produce a certificate to this effect, issued by the concerned District Collector to claim relaxation in age.

0  
13-07-19

(ii) In case of candidates belonging to OBC category, the creamy layer status should have been obtained within preceding three years from the closing date of receipt of application as mentioned at para-4(a) above. The OBC certificate in prescribed format (Annexure-III) issued by a competent authority will only be accepted as proof of belonging to OBC category at the time of documentation.

(iii) Candidate who wishes to avail age relaxation must submit requisite certificate from the concerned District Authority, at the time of documentation.

(iv) The candidates seeking relaxation in age under SC/ST category will submit the SC/ST certificate as per Annexure-II issued by the District Authorities at the time of documentation. In the event of non-production of the certificate, their claim for SC/ST category will not be considered and the candidature of candidate will be cancelled straightway. No correspondence in this regard will be entertained by SSB at later stage. Candidate is liable for cancellation of his/ her candidature due to non production of SC/ST certificate as per format at the time of documentation.

(v) The candidates seeking relaxation under OBC category should submit the certificate as per Annexure-III issued by District Authorities at the time of documentation. In the event of non-production of OBC certificate in the prescribed format, the candidate will be considered under unreserved category, if he/she fulfills the eligibility conditions prescribed for unreserved category candidate. Certificate on any other format will not be accepted and the candidature of candidate who wants to avail relaxation under OBC category will be cancelled straightaway. No correspondence in this regard will be entertained by SSB at later stage and candidate is liable for cancellation of his/her candidature due to non production of OBC certificate as per format at the time of documentation.

**6. Disqualification:-**

**(i) No person:-**

- (a) who has entered into or contracted a marriage with a person having a spouse living; or
- (b) who, having a spouse living, has entered into or contracted a marriage with any person shall not be eligible for appointment to the said post.

Provided that the Central Government may, if satisfied that such marriage is permissible under the personal law applicable to such person and the other party to the marriage and that there are other grounds for doing so, exempt any person from the operation of this rule.

(ii) Conviction by any court of law.

(iii) Dismissal from Government Service.

**7. FEE PAYABLE AND MODE OF PAYMENT:** Unreserved and OBC category candidates are required to pay Rs.100/- (Rupees One hundred) only being fees (non-refundable) through net-banking/ credit card/ debit card/ Challan. However, SC/ ST/ Ex-servicemen & Female candidates are exempted from payment of fees.

**8. HOW TO APPLY:-**Candidates are advised to go through the instructions and detailed advertisement available in Employment Newspaper/ on SSB Recruitment website [www.ssbrectt.gov.in](http://www.ssbrectt.gov.in) carefully before applying for the post.

**PART-I (Filling details)**

S/No	Particulars	Instruction/ Guidelines
1.	Post	Candidate will have to fill the post name alongwith game and category for which he/she wants to apply.
2.	Candidate's Name	Candidates have to fill their first name, middle name and last name in capital letters as shown in their matriculation certificate.

130719

3.	Father's / Husband's Name	Candidate will have to fill his/ her father's / Husband's Name, preferably in capital letters as per their matriculation certificate.
4.	Mother's Name	Candidate will have to fill his/ her mother's name, preferably in capital letters as per their matriculation certificate.
5.	Date of Birth	Date of Birth should be mentioned in DD/MM/YYYY format as per matriculation certificate.
6.	Gender	The candidates should select as applicable (Male or Female)
7.	Nationality	Candidates will have to fill their nationality i.e Indian or Others. If others candidates will have to select subject of Nepal/ Subject of Bhutan.
8.	Religion	Candidate will have to fill his/ her religion i.e Hindu, Muslims, Christians, Sikhs, Buddhists, Zoroastrians (Parsees), Jains or others. If others candidates will have to mention name of his/ her religion.
9.	Marital Status	The candidate will have to fill their current marital status as Married/ Un-married/ Divorcee/widowed.
10.	Category	Candidate should fill the category to which he/ she belongs i.e. Gen/ OBC/ SC/ ST. Keeping in view of problems faced by the candidates GOI had revised the format of OBC certificate vide DoP&T No.36036/2/2013-Estt.(Res) dtd 30.05.2014. Candidates selecting OBC category must ensure that he/ she is belonging to the community which is recognized as a backward class for central services by the Govt. of India for the purpose of reservation in services as per orders contained in GOI instructions and in DoP&T OM No.36012/22/93-Estt(SCT) dated 08.09.93. He should also ensure that he does not belong to persons/ sections (Creamy layer) mentioned in column 3 of the schedule of above referred OM dated 08/09/1993 to claim relaxation.
11.	Whether candidate belong to a community	If candidate belongs to the community (Garhwalis/ Kumaonis/ Gorkhas/ Dogras/ Marathas), then he/she has to fill community & certificate details.
12.	Whether Affected in 1984 Riots	If a candidate is affected in 1984 Riots, then he/she has to fill certificate details.
13.	Whether affected in 2002 Communal Riots of Gujarat	If a candidate is affected in 2002 Communal Riots of Gujarat, then he/she has to fill certificate details.
14.	Whether Ex-Servicemen	Applicable for Ex-servicemen only. If yes, please fill length of service and date of discharge.
15.	Whether Employed in SSB	Applicable to SSB Employees only. Please fill employment details.
16.	Whether in Govt. Service	Applicable to Government Employee only. Please fill employment details.
17.	Aadhaar Number	Candidate will have to fill-up their 12-digit Aadhaar number. If the candidate does not have Aadhaar Number, they may fill number of photo bearing Identity Card such as Driving License, Voter Card, Pan Card, I/Card issued by University/ College.
18.	Identification Marks	Candidates will fill his/her identification which is clearly visible.
19.	Mobile Number	Candidate has to mention a valid mobile number. Providing of mobile number is mandatory. If any candidate does not provide/ mention his/ her mobile number, he/she will be responsible for non receipt of any information/ updation about examination to be provided by the SSB/ or any information in exigency.

13-07-19

20.	E-mail ID	Candidate has to mention current and in-use valid email ID. Providing of email ID is mandatory. If any candidate does not provide/ mention his/ her email id, he/ she will be responsible for non receipt of any information/ updation related to examination to be provided by SSB/ or any information in exigency.
21.	Educational Qualification	Candidate will have to fill-up respective columns of educational qualification indicating year of passing only. Filling up 10 <sup>th</sup> /SSC is mandatory and are essentially required as proof of age, date of birth & minimum educational qualification for the post applied.
22.	Sports Achievements	Candidate will have to fill-up respective columns of sports achievements indicating year of participation.
23.	Postal/ Permanent Address	Candidates will fill up his/ her postal address for correspondence and permanent address.
24.	Criminal Cases Declaration	Candidate will have to declare his/ her criminal cases, if any case is registered against the candidate, please fill up the details of case.
25.	Password	Candidates will have to Register & create their own password and this password will be used by them for login to know the application status and further updates.

**Note:** After clicking, proceed button, the filled up application form will be shown. The filled up application form can be edited by clicking "Edit Details" button.

## **PART-II (Uploading of photo, signature and documents)**

S/N	Particulars	Instruction/ Guidelines
1.	Upload Photo	The candidate will have to upload his/ her passport size coloured photograph in JPG format which must be less than 50 kb and greater than 4 kb of resolution 120 pixel widths by 150 pixels height.
2.	Upload signature	The candidate will have to upload his/ her signature in JPG format which must be less than 12 kb and greater than 4 kb of resolution 140 pixel widths by 60 pixels height.
3.	Uploading of documents	The candidate will have to upload his/her documents as required to complete the application form in PDF format which must be less than 100 kb and greater than 50 kb.

**Note 1:-** Once photograph, scanned signature and documents are uploaded. "Upload" button is to be pressed. Once uploading process is done successfully, then a page with Post with game & category applied & registration number will be generated automatically. The candidate will have to note down the registration number or take a print out of the Acknowledgement. **(Candidate should note registration/ application number for further reference).**

**Note 2:-** Proper tracking features have already been generated in software to find out the location of candidates who are filling the application form through online. If any candidate fills wrong information in his/ her application form or pastes, fake photograph of any other person/celebrity or object or puts blank photo etc, suitable action will be taken against them as per provision under cyber crime IT Act 2000 and the application of the candidate will be summarily rejected.

1  
1307-19



### **PART III (Payment)**

S/No.	Particulars	Instruction/ Guidelines
1.	Mode of payment	Candidate will have to pay requisite fee as applicable for the posts through net Banking/ Credit Card/ Debit Card of any bank/ challan of State Bank of India. SC, ST, Ex-servicemen & Female candidates are exempted from paying fee. No amount will be refunded in any case. Candidates are advised to be careful while making payment and avoid making multiple payments against single registration, as payment made are non-refundable. If they are making such payment, it will be at their own risk/ loss.
2.	Proof of candidature	<p>Candidate must take a print out of application form after final submission. If payment is not applicable then the candidate is advised to take a print of acknowledgement. Unreserved/ OBC candidates can take print out only after payment of applicable fee. In case, payment is not made successfully due to banking error or other network problem then the candidate can pay the amount by visiting the website again. The candidate will have to note down their registration number, which will also be available in their registered email ID. For payment they can login &amp; go straight for payment mode, fill in their registration number, DOB &amp; then make payment.</p> <p>Candidates are advised that they should submit the application form after filling each and every column of application form correctly and to their entire satisfaction.</p> <p>After submission of form any request for change/correction in any particulars in the application form shall not be entertained under any circumstances. SSB will not be responsible for any consequences arising out of non acceptance of any correction/addition/ deletion in any particular field in application form whatsoever the reasons may be.</p> <p>Application form with blurred photograph will be rejected summarily.</p> <p>Application form incomplete in any respect will summarily be rejected.</p>

**9. REPORTING TO THE RECRUITMENT VENUE:-** The admit cards can be downloaded from the SSB Recruitment website which will have the information about the venue of Documentation, Field Trial, PST and Medical Examinations.

The candidate should report at the venue on the date mentioned in the Admit Card along with print out of acknowledgment of online application form and all the documents/ sports certificates that he/ she mentioned in the application form like his/ her Identity certificate, educational qualification certificates, Sports Certificates, Caste Certificates, Domicile/ Residence Certificate, Aadhaar Card etc. any claim what so ever should be supported by a document. In the event of non production of relevant document. The candidature will be cancelled straightway. No correspondence in this regard will be entertained by SSB at later stage.

**10. NO TA/DA WILL BE ADMISSIBLE:-** No TA/DA or other expenses for appearing in the recruitment tests will be paid to the candidates. The candidates should come duly prepared for a stay of at least one week under their own arrangement at the recruitment venue.

**11. SELECTION PROCESS:-** The bio-metric examination, photograph and signature of the candidates who report with Admit Card at the recruitment venue will be taken, which shall be followed by conduct of different stages of recruitment process as under:-

13.07.19



(I) **DOCUMENTATION:-** All candidates reporting for recruitment will have to go through documentation process, in which candidates will have to produce print out of acknowledgement of online application form and all original documents/ certificates pertaining to age, education, caste, sports achievement (National/International), proof to avail age relaxation etc., as the details are given in the application form to Recruitment Board, failing which the candidature of candidate will be rejected. No appeal on rejection during documentation will be entertained by SSB at later stage.

(II) **CHECKING OF SPORTS ACHIEVEMENTS AND FIELD TRIAL:-** Candidates who are found eligible in scrutiny of documentation process will have to go through the further recruitment stages i.e. checking of sports achievements and field trial which will be of 100 marks as per details given below:-

(a) **CHECKING OF SPORTS ACHIEVEMENTS:-** In this process all sports achievements of all candidates will be checked and according to their performance in games the marks will be awarded to them. This process will be of 50 marks.

(b) **FIELD TRIAL:-** Candidates found eligible in documentation process will have to undergo field trial. The field trial will be of 50 marks and will be conducted as per guidelines and instructions prepared by SSB. The minimum qualifying marks in field trial for all category candidates (i.e. SC, ST, OBC, Ex-Servicemen & Gen) will be 60 %.

(III) **PHYSICAL STANDARD TEST (PST):-** All candidates declared qualified in field trial will have to undergo Physical Standard Test (PST) as per following:-

Sl	States/UTs/Regions	Min. height in Cms.		Chest in Cms
1	For all except the categories given below	Male	170	Minimum-80 Min. expansion-5
		Female	157	Not applicable
2	Candidates falling in the categories of Garhwalis, Kumaonis, Gorkhas, Dogras, Marathas and candidates belonging to the States of Sikkim, Nagaland, Arunachal Pradesh, Manipur, Tripura, Mizoram, Meghalaya, Assam, Himachal Pradesh and State of J&K.	Male	165	Minimum-78 Min. expansion-5
		Female	155	Not applicable
3	Candidates belonging to Scheduled Tribes of all States/ UTs except S/No.4 & 5 below.	Male	162.5	Minimum-76 Min.expansion-5
		Female	150	Not applicable
4	For all Scheduled Tribe candidates hailing from the North-Eastern States.	Male	157	Minimum-76 Min.expansion-5
		Female	147.5	Not applicable
5	Schedule Tribe candidates hailing from Left Wing Extremism affected districts	Male	160	Minimum-76 Min. expansion-5
		Female	147.5	Not applicable
6	Candidates hailing from Gorkha territorial Admin. comprising of the three Sub-Divisions of Darjeeling Distt namely Darjeeling, Kalimpong and Kurseong and includes the following 'Mouzas' Sub-Div. of these Distts:- (1) Lohagarh Tea Garden (2) Lohagarh Forest (3) Rangmohan (4) Barachenga (5) Panighata (6) Chota Adalpur (7) Paharu (8) Sukna Forest (9) Sukna Par-I (10) Pantapati Forest-I (11) Mahanadi Forest (12) Champasari Forest (13) Salbari Chhatpart-II (14) Sitong Forest (15) Sivoke Hill Forest (16) Sivoke Forest (17) Chhota Chenga (18) Nipania.	Male	162.5	Minimum-77 Min.expansion-5
		Female	152.5	Not applicable

130719

**Note:-**

1. A candidate not meeting the minimum height and chest requirement will be rejected from recruitment process.

2. Candidates seeking relaxation in height and chest will require to submit the certificate reg. their community from concerned District Authorities. In the event of non-production of the certificate their claim for relaxation in height and chest will not be entertained and their candidature for the post shall be cancelled straightaway. No correspondence in this regard will be entertained by SSB at later stage.

3. Criteria for relaxations are subjected to instructions of Government of India.

(b) **Weight:-** Weight of the candidate should be proportionate to height and age as per details given below. Weight will not be a criteria for disqualification at the time of Physical Standard Test. However, the overweight/ underweight candidates will be disqualified at the time of Detailed Medical Examination based on weight and age on the day of Detailed Medical Examination and the height as measured during Physical Standard Test.

**Female Average Body Weights in Kilograms for Different Age Groups and Heights**

Height in Cms	Age in years			
	18-22	23-27	28-32	33-37
148	34.5-42.5	37-45	38.5-47	39.5-48.5
150	36.5-44.5	37.5-45.5	39-48	40.5-49.5
153	38-46	39-48	41-50	42-51
155	38.5-47.5	40-49	41.5-50.5	43-52.5
158	40.5-49.5	42-51	43-53	44.5-53.5
160	41.5-50.5	43-52.5	44-54	45.5-54.5
163	43-52.5	44-54	46-56	47-57
165	44-54	45.5-55.5	47-58	48.5-59.5
168	45-55	47-57	48.5-59.5	49.5-60.5

**Male Average Body Weights in Kilograms for Different Age Groups and Heights**

Height in Cms	Age in years			
	18-22	23-27	28-32	33-37
156	44-54	46-56	47-58	48-59
158	45-55	47-57	48.5-59.5	49.5-60.5
160	46-56	47.5-58.5	49.5-60.5	50.5-61.5
162	47-58	49-60	50.5-61.5	52-63
164	48-59	50-61	52-63.5	53-65
166	49.5-60.5	51.5-62.5	53-65	54.5-66.5
168	51-62	52.5-64.5	54.5-66.5	56-68
170	52-64	54-66	56-68	57.5-70.5
172	54-66	55.5-67.5	57-70	59-72
174	55-67	57-70	59-72	61-74.5
176	56.5-69	58.5-71.5	60.5-73.5	62-76
178	57.5-70.5	60-73	61.5-75.5	63.5-77.5
180	59-72	61-75	63.5-77.5	65.5-80
182	61-74.5	62.5-76.5	65-79	66.5-81.5
184	63-77	64.5-78.5	66.5-81.5	68.5-83.5
186	63.5-77.5	65.5-80.5	68-83	70-86
188	65-79	67.5-82.5	70-85.5	71.5-87.5
190	66-81	68.5-83.5	70.5-86.5	72.5-88.5

- The body weights given in the chart are corresponding to only certain height (in cms). In respect of heights in between, the principle of 'Average' will be utilized for calculating body weights.
- In doubtful cases of overweight, the assessment is to be made on the basis of BMI.

**NOTE:- (a) Appeal against Physical Standard Test (PST):-** Candidates declared disqualified in Physical Standard Test can prefer an appeal to the appellate authority for re-measurement of Height and Chest only. The appeals of the candidates shall be disposed off on the same day by the appellate authority.

**(b)** Candidates who intend to avail relaxation in height and chest measurements will have to submit certificate regarding his/ her category/ community from concerned district authorities at the time of documentation.

**(IV) DETAILED MEDICAL EXAMINATION (DME):-** Candidates will be put through Detailed Medical Examination strictly on the basis of merit. The Detailed Medical Examination will be conducted as per MHA Revised Medical Guidelines issued by ADG (Medical) on 20.05.2015 and amendments thereof. **If sufficient numbers of candidates for the posts are available only 3 times category wise candidates higher in merit will be called for Detailed Medical Examination. Candidates who do not find place in the merit list so prepared will not be called for Detailed Medical Examination. In this regard, no appeal/ representation will be entertained by SSB. Being declared FIT in Medical Examinations will in no way give any legal claim or right to any candidate for final appointment in Government service. As the appointment will be strictly as per merit.**

**(V) APPEAL AGAINST FINDINGS OF DME:-** If a candidate is declared unfit in the detailed medical examination, the grounds for rejection will be communicated to him/her by the Chairman. If the rejected candidate is not satisfied with the findings of the Medical Officer, he/she will obtain Form-1, 2 & 3 from the Chairman Recruitment Board concerned to prefer an appeal for Review Medical Examination within 15 days from the date of issue of communication in which the findings of the Medical Officers is communicated to him/her. The appeal should necessarily contain the following: **(a)** Review Medical Examination fee of Rs.25/- (Rupees Twenty Five only) **non-refundable**, through a Demand Draft payable in favour of concerned authority to be intimated by Chairman Recruitment Board **(b)** Appeal Forms-1, 2 & 3 issued by Detailed Medical Board duly completed in all respect **(c)** One self addressed envelope with Rs.25/- (Rupees Twenty Five) only postage stamp duly affixed on it. Fitness certificate other than Form-3 (provided by the Chairman of Recruitment Board to the Candidate) will not be considered for Review Medical Examination and appeal will be rejected straightway. **The fitness certificate on form-3 is essential to consider his/her case for review medical examination and not for any other purpose.**

Those candidates whose appeals are found in order will be issued call letters to appear for Review Medical Examination and their list will also be uploaded in the SSB website i.e. [www.ssbrectt.gov.in](http://www.ssbrectt.gov.in).

The decision of the Review Medical Examination Board will be final and no 2<sup>nd</sup> appeal will be entertained as per instructions of the Government and no reply of the correspondence/ 2<sup>nd</sup> appeal will be given/ entertained.

**NOTE:-** It should, however, be clearly understood that the Selection Board reserves absolute discretion to reject or accept any candidate after considering the report of the medical board.

**(VI) FINAL SELECTION:-** Final selection list will be generated based on the total marks secured by the candidates in documentation/checking of sports achievements and Field Trial. It is hereby emphasized that the candidates who merely secure the qualifying percentage of marks and found medically fit, may not be considered for final selection since the merit will be determined based on number of vacancies after completion of Detailed Medical Examination/ Review Medical Examination.

0  
13.07.19

12. **ORDER OF PREFERENCE**:-The selection of sportspersons who fulfill the eligibility criteria shall be considered in the following order of preference:-

(i)	First preference	Candidates who have represented the country in an International Competition with the clearance of the Department of Youth Affairs and Sports and won Gold Medal will be given first preference followed by Silver (2 <sup>nd</sup> preference) and then Bronze Medalist (3 <sup>rd</sup> preference).
(ii)	Second preference	Candidates who have represented and won medals or positions up to 3 <sup>rd</sup> place in the Senior or Junior level National Championship organized by the recognized National Sports Federations or National Games organized by Indian Olympics Association and secured gold medal will be given first preference followed by Silver (2 <sup>nd</sup> preference) and then Bronze medalist (3 <sup>rd</sup> preference). Between the Senior and Junior levels, candidates who have won the medal in Senior National Championship shall be given preference.

**Note:** If, two or more candidates secure equal marks, tie will be resolved in following manner:-

- (i) The candidate who secures more marks in documentation will be given preference.
- (ii) If, tie still persists, the candidate who secures more marks in field trial will be given preference.
- (iii) If, the tie still persists, the candidate older in age will be given preference.
- (iv) If, the tie still persists, the candidate's name in alphabetical order in English will be given preference.

13. **GENERAL INSTRUCTIONS:-**

1.	All candidates called for Documentation, Field Trial, Physical Standard Test and Medical Examinations will bring a clear and legible print out of the acknowledgment of online application form submitted by them for purpose of identification etc. Candidates not in possession of acknowledgment of online application form will not be permitted to enter the venue. The print out will be retained by SSB for office use/ placing in the individual dossier.
2.	Only eligible candidates may apply for the post. Candidates should minutely go through all the provisions in the notification to ensure that he/she is eligible for the post for which he/she is applying.
3.	Candidates should bring all original documents i.e. matriculation pass certificate, sports achievements certificates etc. alongwith self attested Photostat copies of the same at the time of documentation, failing which candidature of candidates will be rejected in the documentation stage of recruitment. No appeal in this regard will be entertained by SSB at later stage.
4.	Name, Father's Name, Mother's Name & Date of Birth should be mentioned exactly as recorded in Matriculation certificate. In case of change the same must be supported by necessary documents otherwise the candidature will be rejected.
5.	Persons employed in Government/Semi Government/Public Sector Undertakings should apply through proper channel. No objection certificate from their employer will be required to be submitted at the time of documentation.
6.	Falsification of documents to mislead the Recruitment board or to gain access to examination would lead to criminal/ debar action against the candidate, besides cancellation of his/her candidature.
7.	The Government/SSB shall not be responsible for damage/ injury/ death/ loss to the individual, if any, sustained during the entire recruitment process/ journey.
8.	The Director General, SSB has full right to make changes/cancel/ postpone the recruitment without assigning any reason.

9.	Candidates canvassing in any form/bringing outside influence/pressure/ offering illegal gratification/ blackmailing/ threatening to blackmail any person connected with recruitment will be disqualified.
10.	It should, however, be clearly understood that the Recruitment Board reserves to itself, absolute discretion to reject or accept any candidate at any stage.
11.	Mere qualifying all the prescribed tests in SSB recruitment does not confer the right to any candidate for selection.
12.	Change in category will not be entertained in future and the candidature of such candidate shall be cancelled.
13.	Candidates who are not in possession of certificate of minimum education qualification by closing date of receipt of applications i.e. 30 (thirty) days from the date of publication of this advertisement in the Employment News need not to apply.
14.	The candidates will not be considered for recruitment if involved/ convicted/arrested in any criminal case under IPC or any other Act of the Central Government or State Government.
15.	West Pakistani Refugees settled in J&K are exempted from producing domicile certificate, they will produce certificate issued by the village Sarpanch/ Numbardar along with copy of the Electoral Roll showing the name of the candidate in voter list for election to the Parliamentary Constituency.
16.	State of Assam is not issuing Domicile Certificate/ PRC, candidates belonging to the state of Assam are not required to submit the same. However, their selection will be subject to verification of residential status from the concerned District Authorities.
17.	The selection committee will not enter into any correspondence with the candidate except in the case of change of address sought by a candidate.
18.	Any amendment in the schedule/condition/process of recruitment will be available in SSB web site <a href="http://www.ssbrectt.gov.in">www.ssbrectt.gov.in</a> only. Candidates are advised to log on to this site regularly.
19.	The advertisement is also available on SSB web site. The format of the application may be downloaded from SSB web site <a href="http://www.ssbrectt.gov.in">www.ssbrectt.gov.in</a>
20.	In case a candidate is found ineligible or suppresses facts on any ground after his/her selection, his/her services will be terminated without assigning any reason.
21.	The candidates provisionally selected for the above posts should qualify the training or courses as prescribed by the Director General, Sashastra Seema Bal from time to time during probation period failing which services are liable to be terminated.
22.	The performance of sports persons will be periodically reviewed by Sports Directorate. If a sportsperson fails to give the desired result in respective discipline of sports, he/ she will be phased out from SSB sports team and merged with GD cadre.
23.	Any sportsperson, if found using banned Drugs at any point of time would be liable to disciplinary action as per Rules/ regulations circulated by NADA from time to time and as per SSB Act and Rules.
24.	Person with disabilities (PWD) are not eligible to apply for this examination.
25.	If after submission of this application form, any criminal case(s) is registered against recruitment, failing which it shall be deemed to be suppression of factual information. you or arrested/ detained by Police in any criminal case relevant details of same should be communicated immediately to the concerned Chairman of Recruitment Board conducting
26.	SSB will not responsible for any postal delay or Internet interruptions/ computer related problems.

**14. Disclaimer:-** Information given in this advertisement and on SSB Recruitment website are guidelines only. In case of any ambiguity, the existing rules and regulations of SSB/ Govt. of India will be final.

  
 Second-In-Command (Rectt)

**FORM OF CERTIFICATE TO BE PRODUCED BY A CANDIDATE BELONGING TO  
SCHEDULED CASTE OR SCHEDULED TRIBE**

This is to certify that Shri/Mrs/Ms/Miss \_\_\_\_\_  
son/daughter of Shri \_\_\_\_\_ village/Town \_\_\_\_\_  
in District/Division \_\_\_\_\_ of the State/Union Territory  
\_\_\_\_\_ belongs to the \_\_\_\_\_ caste/tribe which is recognized as a Schedule  
Caste/Scheduled Tribe under.

The Constitution (Scheduled Castes) order, 1950.

The Constitution (Scheduled Tribes) order, 1950.

The Constitution (Scheduled Castes) (Union Territory) order, 1951.

The Constitution (Scheduled Tribes) (Union Territory) order, 1951.

(As amended by the Scheduled Castes and Scheduled Tribes (Modification) Order 1956, the Bombay Reorganization Act, 1960, the Punjab Reorganization Act, 1966, The State of Himachal Pradesh Act, 1970, the North Eastern Areas (Reorganization Act, 1971) and the Scheduled Castes and Scheduled Tribes orders (Amendment) Act, 1976.)

- \*The constitution (Jammu & Kashmir) Scheduled Caste Order, 1956;
- \*The Constitution (Andaman and Nicobar Islands) Scheduled Tribes, 1959, as amended by the Scheduled Castes and Scheduled Tribes orders (Amendment) Act, 1976;
- \*The Constitution (Dadra and Nagar Haveli) Scheduled Castes Order 1962;
- \*The Constitution (Dadra & Nagar Haveli) Scheduled Tribes Order, 1962;
- \*The Constitution (Pondichery) Scheduled Castes Order, 1964;
- \*The Constitution (Uttar Pradesh) Scheduled Tribes Order, 1967;
- \*The Constitution (Goa, Daman & Diu) Scheduled Castes Order, 1968;
- \*The Constitution (Goa, Daman & Diu) Scheduled Tribes Order, 1968;
- \*The Constitution (Nagaland) Scheduled Tribes Order, 1970; \*The Constitution (Sikkim) Scheduled Castes Order, 1978;
- \*The Constitution (Sikkim) Scheduled Tribes Order, 1978;
- \*The Constitution (Scheduled Castes) Orders (Amendment) Act, 1990.
- \*The Constitution (Scheduled Tribes) Order, (Amendment) Ordinance, 1991.
- \*The Constitution (Scheduled Tribes) Order, (Second Amendment) Act, 1991.
- \*The Constitution (Scheduled Tribes) Ordinance, 1996

2. This certificate is issued on the basis of the Scheduled Castes/Scheduled Tribes Certificate issue to Shri \_\_\_\_\_ father of Shri/Mrs/Miss \_\_\_\_\_ of village/town \_\_\_\_\_ in District / Division \_\_\_\_\_ of the State/UT \_\_\_\_\_ who belong to the \_\_\_\_\_ caste/Tribe which is recognized as a SC/ST in the State/Union Territory \_\_\_\_\_ issued by the \_\_\_\_\_ (name of the prescribed issuing authority) vide their No. \_\_\_\_\_ dated \_\_\_\_\_ or Shri \_\_\_\_\_ and or his/her family ordinarily reside (s) in Village/Town \_\_\_\_\_ of \_\_\_\_\_ District /Division of the State/Union Territory of \_\_\_\_\_.

Place \_\_\_\_\_  
Date \_\_\_\_\_

Signature \_\_\_\_\_  
Designation \_\_\_\_\_  
(With seal of Office)

**NOTE:** - The terms ordinarily reside(s) used here will have the same meaning as in Section 20 of the Representation of the People Act, 1950.

**LIST OF AUTHORITIES EMPOWERED TO ISSUE CASTE/TRIBE CERTIFICATE**

1. District Magistrate/Additional District Magistrate/Collector/Deputy Commissioner/Additional Deputy Commissioner/Dy. Collector/1<sup>st</sup> Class Stipendiary Magistrate/Sub Divisional Magistrate/Extra Assistant Commissioner /Taluka Magistrate/Executive Magistrate.
2. Chief Presidency Magistrate/Additional Chief Presidency Magistrate/Presidency Magistrate.
3. Revenue Officers not below the rank of Tehsildar.
4. Sub-Divisional Officer of the area where the candidate and or his/her family resides.

**NOTE:** - ST candidates belonging to Tamil Nadu State should submit caste certificate only from the Revenue Division Officer.

15.5.19

**(FORM OF CERTIFICATE TO BE PRODUCED BY OTHER BACKWARD  
CLASSES APPLYING FOR APPOINTMENT TO POSTS UNDER THE  
GOVERNMENT OF INDIA)**

This is to certify that Shri/Smt/Kumari \_\_\_\_\_ son/daughter  
of \_\_\_\_\_ village/town \_\_\_\_\_  
in District/Division \_\_\_\_\_ in the  
State/Union Territory \_\_\_\_\_ belongs to  
the \_\_\_\_\_ Community which is recognized as a backward class under the  
Government of India, Ministry of Social Justice and Empowerment's Resolution  
No. \_\_\_\_\_ dated \_\_\_\_\_.\*

Shri/Smt./Kumari \_\_\_\_\_ and/or his/her family  
ordinarily reside(s) in the \_\_\_\_\_ District/ Division of the  
\_\_\_\_\_ State/Union Territory. This is also to certify that he/she does not  
belong to the persons/sections (Creamy Layer) mentioned in Column 3 of the Schedule to the  
Government of India, Department of Personnel and Training, O.M. No.36012/22/93-  
Estt.(SCT) dated 8-9-1993\*\*.

**Dated:**

**DISTRICT MAGISTRATE/  
DEPUTY COMMISSIONER ETC.  
Office Seal**

- 
- \* The authority issuing the certificate may have to mention the details of Resolution of Government of India, in which the caste of the candidate's is mentioned as OBC.
- \*\* As amended from time to time.  
Note: The term "Ordinarily" used here will have the same meaning as in Section 20 of the Representation of the People Act, 1950.

13.07.19



DECLARATION / UNDERTAKING FOR OBC CATEGORY CANDIDATE

I, \_\_\_\_\_ son/ daughter of \_\_\_\_\_  
R/o \_\_\_\_\_ hereby declare that I  
belong to the \_\_\_\_\_ community which is recognized as a backward class by the  
Government of India for the purpose of reservation in services as per orders contained in  
Department of Personnel and Training Office Memorandum No.36012/22/93-Estt.(SCT),  
dated 08/09/1993. It is also declared that I do not belong to persons/ sections (Creamy Layer)  
mentioned in Column 3 of the Schedule to the above referred Office Memorandum, dated  
08/09/1993, which is modified vide Departmental of Personnel and Training Office  
Memorandum No.36033/3/2004 Estt. (Res.) dated 09/03/2004.

Place:

Date:

Signature of Candidate

1  
13-07-19